DEFENSIVE STRATAGEMS OF PLANTS,
WITH SPECIAL REFERENCE TO ALLELOPATHY

by J. V. Lovett

(with three tables and two text-figures)


The green plant has evolved an array of defences to ameliorate the effects of stresses in its environment. Allelopathy, biochemical interactions between plants, plays a role in plant defence but recent work suggests that some compounds which act as allelochemicals may also be effective in the defence of plants against other organisms. Some examples of allelopathy in associations of crop and weed species are discussed in this context.

Key Words: allelopathy, trichome, plant defence

INTRODUCTION

The advantage to the green plant of autotrophy is to some extent offset by the disadvantage of a static habit in an often hostile environment.

In the more mobile animal kingdom physical and chemical defences against environmental stresses are well developed and widely recognised. This suggests that an array of defensive ploys by plants will also occur but such ploys have attracted relatively little attention in the literature.

A first line of defence is the plant surface which, although relatively tough, may be damaged by the elements, by pollution, by abrasion and by a variety of organisms. The waxy cuticle of leaf surfaces may act as a primary barrier to attack by a variety of organisms (Cutter 1976) and many leaves also carry trichomes which contribute to the defence of plant surfaces (Levin 1973). Trichomes may, for example, deter insects from landing on leaves or mammals from eating them. Tobacco trichomes are known insect-repellents (Thurston, Smith & Cooper 1966) whilst other species, such as nettles, have developed the trichome to a high level of defensive sophistication as "syringes" which deliver irritant chemicals when the tip is broken (Fahn 1967). However, whilst the physical significance of structures such as trichomes in a defensive mode has been recognised, the complementary role of plant-produced chemicals has been much less explored.

SECONDARY COMPOUNDS AND PLANT DEFENCE

Chemicals are frequently employed in the defence of animals (Edmunds 1974) even when physical defences are well developed. Thus, in the Australian turtle genus *Chelodina* the protection afforded by the shell may be complemented by malodorous fluid when the animal is alarmed (Cogger 1979), whilst in savannah ungulates (Gosling 1980) inter-specific scent communication may assist in the formation of a "defence guild".

In plants, chemicals used in a defensive mode are by-products of primary metabolic pathways and are known, accordingly, as "secondary compounds" (Levin 1976). Amongst the groups of secondary compounds, the phenolics, waxes and terpenes are widely distributed among plant families whilst other groups, for example, the glucosinolates found in the Brassicaceae, are particularly identified with a single family. Although qualitative and, more particularly, quantitative, information on these chemicals is often lacking, they are recognised as widely distributed and normal products of plant metabolism.

ALLELOPATHY

A field of study in which the role of secondary compounds is currently of considerable interest is allelopathy. The term means, literally, "mutual harm", and it has been applied in this sense to negative, or inhibitory, chemical interactions between plants. However, depending on concentration, allelochemicals may stimulate biological responses (Lovett 1982a). Thus, Molisch (1937) extended the term "allelopathy" to include all chemical interactions, whether positive or negative, between plants of all levels of complexity. This broader definition has gained wide acceptance and more recently (Lovett 1982a, 1983a) it has been recognised that chemicals studied in the context of
Aspects of three case studies are presented to illustrate the range and complexity of allelopathy, as demonstrated by weeds and in the context of defensive strategies.

The association of Camelina sativa (L.) Crantz and Linum usitatissimum L. (linseed)

Camelina sativa (Brassicaceae) has been recorded as a weed of cultivation in Western Australia, South Australia, Victoria and Tasmania (Hewson 1982). It is better known as a weed of Linum usitatissimum (Linaceae), linseed, in European cropping systems where work of Grümmer and Beyer (1960) indicated that the yield of linseed could be significantly reduced in the presence of Camelina spp. in the field if rain fell at a critical time of the year. Rain washed chemicals from the leaves of the weed onto the leaves of the crop, promoting the phytotoxic effect. Although this report aroused considerable interest, like many other instances of allelopathy further investigations were neglected. Thus, the chemical, or chemicals, concerned were not identified nor was the primary mode of action of the weed-produced chemical on the crop plant elucidated.

Through a series of experiments commenced in 1977 a more complete understanding of this interaction has been gained (fig. 1).

Under controlled conditions washings of intact foliage of Camelina consistently stimulated the growth of the radicles of germinating linseed seeds. The presence of bacteria in the Camelina phyllosphere was necessary to the stimulatory phenomenon. These were cosmopolitan, gram-negative rods, Enterobacter cloacae (Jordan) Hormaeche & Edwards (Lovett & Sagar 1978) or Pseudomonas fluorescens (Trevisan) Migula (Lovett & Jackson 1980).

Washings of Camelina leaves contain organic acids which sustain rapid bacterial growth. During this growth, complex organic compounds present in the leaves are broken down to simpler compounds at least one of which, benzylamine, is allelopathic (Lovett & Duffield 1981). Leaf damage may be necessary to the release of the precursor, benzyl isothiocyanate, and as maximum bacterial populations are present in senescent foliage (table 1), maximum allelopathic activity may occur at this stage of the life cycle.

In petri dishes, under controlled conditions, benzylamine at low concentrations stimulates germinating seedlings of linseed in a manner similar to that produced by Camelina leaf washings. Higher concentrations became inhibitory, a response typical of allelochemicals (Lovett 1982a). However, in soil under controlled conditions, even allelopathy may play a wider role in the defensive and, possibly, offensive relationships of plants.

In natural plant communities allelochemicals are among the factors which maintain homeostasis (Rabotnov 1981). Many responses to allelochemicals are, therefore, subtle, having developed during evolution of plant communities. Continuing the analogy with animal responses Edmunds (1974) states, in relation to communities of animals, "...there will be much greater selection pressure to evade predation and to evolve highly elaborate anti-predator defences in a stable environment than in an unstable environment".

Allelopathy is a part of "interference", the term used by Harper (1977) to describe changes in the growth rate and form of plants brought about by the influences of neighbouring plants upon the environment. Competition for environmental resources, commonly, light, water and nutrients (Donald 1963), is also a part of interference. Conventional agricultural practice maintains disturbed (unstable) environments with restricted species diversity. In such environments weeds are often able to express their capability to interfere with other plants to a greater extent than occurs in species-rich, stable communities. Thus, competition and allelopathy may become more readily apparent.

Crop plants tend not to be allelopathically active, especially when highly selected (Lovett 1983b). Where weed and crop species are close relatives the former show the greater allelopathic potential (Lovett, Fraser & Duffield 1982). Since there is an energy cost to the plant in producing secondary compounds (Levin 1976) it may be that selection for physiological specialisation in the direction of quantity and quality of yield militates against the development of an endogenous chemical defence capability in crop species. Conversely, in weeds, this capability can be better developed without detriment to other attributes.
Defensive stratagems of plants, with special reference to allelopathy.

Table 1
Bacterial colonies developed from similar volume samples of washings from *Camelina* foliage after 24h incubation (colonies per 9cm diameter plate, means of four replicates).

<table>
<thead>
<tr>
<th>Number of colonies</th>
<th>Senescent leaves</th>
<th>Green leaves</th>
<th>Flowers/immature capsules</th>
<th>Stalks</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>854*a</td>
<td>7.0*b</td>
<td>5.3*b</td>
<td>0.75*c</td>
</tr>
</tbody>
</table>

Means which are identified by the same letter are not significantly different at the 5% level, Studentized Range Test. (After Lovett 1982b).

low concentrations of benzylamine proved to be inhibitory to germinating linseed (table 2). It seems likely that the more complete and sustained contact between seed and soil compared with seed and filter paper in a petri dish leads to a greater uptake of benzylamine with consequent inhibition rather than stimulation.

Transmission electron microscopy (TEM) has indicated disruption of cellular membranes and suggests that the primary cause of reduction in early growth of linseed seedlings is a reduced ability to metabolise food reserves (Lovett 1982b). Such fundamental disruption could be significant at other growth stages where metabolic activity is high, for example, seed filling. In addition, it has been observed that benzylamine creates hydrophobic conditions in soil, possibly inhibiting uptake of water by plants (Lovett 1982b).

In this particular example the definition of allelopathy by Molisch (1937) is amply justified through the combination of a bacterium modifying a chemical exudate from one higher plant to a form which becomes potentially phytotoxic to a second higher plant.

The involvement of bacteria as intermediate organisms in promoting allelopathy appears to be unique in the literature. Other organisms may, however, play a complementary role. For example, Trenbath and Fox (1976) have suggested that phytophagous insects concentrate allelochemicals produced by leaves of *Eucalyptus globulus* ssp. *bicoastata* (Maiden et al.) Kirkp. Whilst aqueous washings of *E. globulus* leaves slightly encouraged germination of sensitive pasture species in their experiments, insect droppings, in which allelochemicals were concentrated, became inhibitory. These findings parallel our experience with bacteria in the *Camelina*/linseed system.

In correlating these observations with the data of Grimmmer and Beyer (1960) the importance of water in allelopathic systems becomes apparent. In their experiments rainfall in the field at a critical time of year was necessary to the allelopathic manifestations and our data suggest that this time corresponds to the maximum release of substrate by the weed and, perhaps, to particular vulnerability of the receiving crop.

The association of *Datura stramonium* L. and *Helianthus annuus* L. (sunflower)

Whittaker (1970) states that alkaloids are "... evolutionary expressions of quiet antagonism of a

Table 2
Effects of benzylamine on early growth in soil of *Linum usitatissimum* (means of ten replicates).

<table>
<thead>
<tr>
<th>Variables</th>
<th>Days after sowing</th>
<th>0</th>
<th>10</th>
<th>100</th>
<th>1000</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Radicle length (mm)</td>
<td>8</td>
<td>167.0*</td>
<td>148.8*</td>
<td>137.9*</td>
<td>108.0*</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Shoot height (mm)</td>
<td>7</td>
<td>23.4*</td>
<td>23.1*</td>
<td>21.4*</td>
<td>20.7*</td>
<td>&lt;0.01</td>
</tr>
</tbody>
</table>

Means which are identified by the same letter are not significantly different at the 5% level, Studentized Range Test. (After Lovett and Levitt 1981).
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The presence of the alkaloids scopolamine and hyoscyamine in aqueous washings of *Datura* foliage and seeds has been confirmed (Lovett, Levitt, Duffield & Smith 1981), with washings of seeds containing higher concentrations of the alkaloids. In two sterile media the presence of 4.95g *Datura* seed, the average contents of one seed capsule, in 50ml sterile water, significantly reduced radicle length of sunflower (table 3). Further studies (Levitt & Lovett 1984) in which different soil types were used, indicated that the type and amount of clay, the amount of organic matter and the dominant particle size of the soil all modified the allelopathic effect (table 3).

Under controlled conditions, alkaloids from *Datura* seeds remained at concentrations which were toxic to germinating seeds of sunflower for over 35 weeks in lateritic podzolic soil. These effects had both chemical and physical components, with the moisture status of the soil influencing the magnitude of the inhibition.

Under field conditions, the phytotoxicity of *Datura* allelochemicals persisted in lateritic podzolic soil for 15 weeks.

During the course of these experiments a property at Moree (northwestern New South Wales) was visited where an irrigation farmer had experienced three consecutive failures with different summer crops. The black earth soil on the property had a history of severe infestation by *Datura*. Thin layer chromatography was used to identify the alkaloids, scopolamine and hyoscyamine, from the soil where they had been present for up to 7 months.

Dormancy is an important factor in dispersal in time of many species of weeds. In *Datura*, dormancy is broken when alkaloids are leached from the seed coat. Rain is vital to this process. Following rain, or pre-irrigation, crop seeds adjacent to *Datura* seeds in the soil are exposed to varying amounts of alkaloid. Further, it has been shown that *Datura* seedlings have the potential to synthesise alkaloids and to release them into the soil by foliar leaching and by exudation from the roots from as early as the sixth day of germination (James 1946, Mothes 1955). This appears to be an elegant example of a defensive adaptation whereby weed seedlings, during the period of maximum vulnerability, are protected from interference by other plants through chemicals carried in the seed coat, whilst rapidly developing their own defensive capability.

The primary mode of action of the allelochemicals of *Datura* is no less sophisticated. A recent survey (Lovett 1982b) has indicated that only about 2% of studies of allelopathy progress beyond the level of describing gross morphological

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Media</th>
<th>Sterile sand</th>
<th>Sterile loam plus sand</th>
<th>Black earth soil</th>
<th>Lateritic podzolic soil</th>
</tr>
</thead>
<tbody>
<tr>
<td>Control (sterile water)</td>
<td>100</td>
<td>100</td>
<td>100</td>
<td>100</td>
<td>100</td>
</tr>
<tr>
<td>Seeds</td>
<td>68.7</td>
<td>76.6</td>
<td>84.0</td>
<td>57.3</td>
<td>40.3</td>
</tr>
<tr>
<td>Seed washings</td>
<td>52.2</td>
<td>28.2</td>
<td>70.5</td>
<td></td>
<td>40.3</td>
</tr>
</tbody>
</table>

All differences between treatment means, within media, are statistically significant.
The association of Salvia reflexa Hornem and Triticum aestivum L. (wheat)

Aromatic plants are valued for aesthetic and commercial reasons — aroma may also be an indicator of potential allelopathic activity (Lovett 1979). The family Lamiaceae encompasses many aromatic plants, some of which are associated with the production of essential oils for commerce and others with the production of volatile growth inhibitors. Members of the genus Salvia have been investigated in this latter context.

Salvia leucophylla Greene, S. apiana Jeps and S. reflexa Hornem grow naturally in the soft chaparral communities of southern California and contain phytotoxic terpenes which volatilise and inhibit the establishment of seedlings of a wide variety of plants (Muller 1966). The zone of inhibition may extend 8–10 metres beyond either the lateral spread of the Salvia root system or the shrub crown, favouring the hypothesis that the toxic material released by these plants is volatile.

Subsequent analyses revealed the presence of the monoterpenes alpha-pinene, beta-pinene, camphene, cineole and camphor, all of which inhibited the germination and radicle growth of test species. In addition, it was shown that the soil, particularly when dry, acted as a reservoir for the terpenes, accounting for long-term inhibitory effects observed in the field (Muller 1966).

Experiments with S. reflexa (mintweed), a weed of cropping areas in New South Wales, Queensland, South Australia and Victoria (Willis 1972) have shown that aromatic substances liberated by whole plants affect the early growth of wheat (Lovett 1982a). Wetting the foliage greatly enhances the scent of S. reflexa and aqueous washings of foliage have more pronounced allelopathic effects upon germination and early growth of wheat than do the aromatics alone.

Gas chromatographic analyses of foliage washings have revealed the presence of monoterpenes similar to those previously identified in S. leucophylla. Trichomes in the Lamiaceae are reposi-tories for aromatics, for example, the essential oil of Mentha piperita L. (Clark & Menary 1980) and in S. reflexa it is believed that the terpenes are sequestered in trichomes pending release into the environment (Lovett & Levitt 1981). Of those identified, cineole is inhibitory to seedling growth of wheat. However, terpenes have low solubility in water and when the terpene fraction is removed from foliage washings a toxic principal, as yet unidentified, remains. The importance of water in promoting allelopathic activity is again apparent.

WIDER IMPLICATIONS OF ALLELO—CHEMICALS IN DEFENCE

The example of Salvia is, to date, the most significant of those cited in terms of allelopathy as a component of defence manifestations in plants. As discussed, the monoterpenes present in the genus have allelopathic effects against potential plant competitors in managed communities in Australia and in natural plant communities in California. Potts and Lovett (unpublished data) have recently identified alpha-pinene, beta-pinene, camphene and cineole, all of which are present in the Californian chaparral, from Tasmanian forest soil with which allelopathy has been associated. In Finland, Selander, Kalo, Kangas and Pertunnen (1974) carried out experiments in which the concentration of similar monoterpenes was shown to determine whether some species of insect were attracted or repelled by Picea sylvestris L. (Scots pine). Franich, Gaskin, Wells and Zabkiewicz (1982) are among several groups of workers who have studied similar compounds in the context of toxicity of P. radiata D. Don (Monterey pine) and related coniferous species to fungi. In association with Pseudotsuga menziesii (Mirb.) Franco (Douglas fir) in Washington/Oregon, U.S.A., alpha-pinene has been shown to inhibit the growth of a variety of bacteria and a yeast (Andrews, Parks & Spence 1980).

Monoterpenes may also act in defence against vertebrates since Sheehy and Winward (1981), working in Oregon, found that 7 taxa of sage brush (Artemesia spp.) differed in their palatability to mule deer and domestic sheep. Artemesia spp. are high in monoterpenoids and further data showed that the concentration of alpha-pinene and an unidentified monoterpenoid accounted for 90% of the variation in mule deer utilization of various sage brush taxa. No doubt the increasing interest in the topic will reveal further ranges of defensive capability associated with particular chemicals.

A number of chemicals with defensive potential, including monoterpenoids, have been shown to be present in variable concentrations between...
and within species. They may be under simple additive or polygenic control, as in the case of alkaloids in the Solanaceae (Mann & Weybrew 1958; Levin & York 1978). Further, cultivated species subjected to chemical interference also vary in their susceptibility (fig. 2). The possibility of selection for enhanced defensive capability in both ‘active’ and ‘passive’ modes, therefore, appears to exist and such selection might be used to the advantage of agriculture, forestry and horticulture.

### REFERENCES


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**FIG. 2** — Reduction in length of first seminal root of wheat in the seedling stage by washings of Salvia reflexa foliage (means of 100 seedlings for each of 22 cultivars).
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